

Poliquin® International Certification Program

Performance Specialist Level 5

The highest achievement in the Poliquin™ International Certification Program is to reach PICP Level 5. This level falls under the jurisdiction of Poliquin Group™.

This level is competency-based according to the coach's experience and his form of education. The coaches who desire this level of certification have to submit their curriculum to Poliquin Group™. Only active coaches can qualify for this level.

PICP™ Level 5 Practical Requirements

- Work as a National Team Strength Coach for 5 years
- Individual Sports
 - Coach an athlete that medals at the Olympic Games or Senior World Championship
 - Coach an athlete that sets an Olympic or World Record
- Team Sports
 - Coach Olympic, World Championship medal team or Professional Sports Championship Team
 - Coach an athlete that plays in 60% of the games or of the placement games for a team that medals in an Olympic or World Championship event or win a Professional Sports Championship
 - Coach an athlete who wins a distinguished award in the professional league (MVP, Norris (NHL), Cy Young (MLB))
- All Sports & Federations need to be recognized by GAISF and/or IOC and strength must play a factor. Motor sports are not recognized.
- Coaches must submit:
 - Letter from athlete confirming the coach's role in preparation for the event/season
 - Media that confirms your athlete's placement (website with final results)
 - Programs used to prepare the athlete showing they use PICP methods